



AICTE LOA No : File No 1. 9/01/MS/MBA/2009/38
 Affiliated to University of Pune

DTE (Institute Code) - MB 5126

Ozar Vikas Santha's
VISHWASATTYA COLLEGE OF MBA

Shri. Sharad V. Aher
 Chairman

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NTF Mental Health Committee

Sr. No.	Name of Member	Designation	Email
1	Dr. Chandrashekhar Vasant Joshi (Director)	Chairman	drcvjoshi.mba@gmail.com
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Ozar Vikas Sanstha's

Vishwasattya College of MBA

AICTE No. AE18164971

DTE Code: 5126

Educational Institute: Institutional Mental Health & Suicide Prevention Policy (2026)

1. Vision and Scope

In alignment with the UMMEED vision that "Every Child Matters," Vishwasattya College of MBA is committed to fostering a supportive, stigma-free environment that prioritizes the psychological safety and right to mental health of every student. This policy applies to all students, faculty, and administrative staff of Vishwasattya College of MBA Campus.

2. Institutional Infrastructure & Human Resources

- **Qualified Mental Health Professionals:** OVS shall employ at least one full-time qualified counselor, psychologist, or social worker for every 100 enrolled students to maintain optimal student-to-counsellor ratios.
- **School Wellness Team (SWT):** A dedicated SWT, comprising counselors, trained faculty, students, and parents, will oversee all mental health initiatives and identify at-risk students for early intervention.
- **Physical Safety Upgrades:** All residential facilities must have tamper-proof ceiling fans installed. Access to high-risk areas, including rooftops and balconies, is strictly restricted to deter impulsive acts of self-harm.

3. Preventive Measures & Academic Reform

- **Prohibition of Segregation:** OVS's Vishwasattya College of MBA strictly prohibits "batch segregation" based on academic performance. Public shaming of students or setting unrealistic academic targets is classified as professional misconduct.
- **Curriculum Integration:** Mental health literacy, emotional regulation, and life skills shall be integrated into the core curriculum at every stage.
- **Structured Career Counseling:** OVS's Vishwasattya College of MBA will provide regular, interest-based career counseling sessions for both students and parents to manage academic pressure and broaden the definition of success.

4. Support Channels & Emergency Protocols

- **Tele-Counseling Integration:** OVS's Vishwasattya College of MBA shall promote the [National Toll-Free Helpline \(8448440632\)](tel:8448440632) and the **Tele-MANAS** service. These numbers must be displayed prominently in every classroom, hostel, and common area.
- **Written Referral Protocols:** Formal written protocols are established for immediate referral to local hospitals and psychiatric services in case of a mental health emergency.
- **Manodarpan Resources:** Students are encouraged to use the Manodarpan portal for tele-counseling, webinars, and peer support.

5. Capacity Building & Sensitivity

- **Mandatory Staff Training:** All teaching and non-teaching staff must undergo certified mental health training **twice a year** focusing on psychological first aid and identifying warning signs of distress.
- **Inclusion of Marginalized Groups:** Training will include specific sensitization for engaging with students from vulnerable backgrounds, including SC/ST/OBC, LGBTQ+, and students with disabilities.
- **Parental Sensitization:** OVS Vishwasattya College of MBA will organize regular physical and online sessions for parents to recognize early signs of stress and avoid placing undue pressure on students.

6. Accountability & Reporting

- **Grievance Redressal:** A confidential and robust mechanism is in place for reporting bullying, ragging, or harassment. OVS's Vishwasattya College of MBA maintains **zero tolerance** for retaliation against whistle-blowers.
- **Annual Mental Health Report:** An anonymized annual report detailing wellness interventions, referrals, and training sessions must be prepared and submitted to the relevant regulatory body (e.g., UGC / SPPU).
- **Policy Review:** This document shall be reviewed and updated annually by the SWT and published on the official OVS's Vishwasattya College of MBA website [www.https://vishwasattiyamba.org/](https://vishwasattiyamba.org/)

Institutional Culpability Notice: Failure to implement these guidelines, especially where neglect contributes to self-harm, will attract legal and regulatory consequences as mandated by the Supreme Court.